

Sports

Believing in the holistic development of students, the institute provides extensive facilities for yoga, meditation, and sports. A dedicated Yoga and Meditation Hall with a capacity of 350 participants has been established to support wellness programs, stress management activities, and mental health awareness workshops. These initiatives contribute not only to physical fitness but also to the emotional and psychological well-being of students.

The institute also encourages sports and fitness by maintaining a wide range of indoor and outdoor sports facilities. Indoor options include table tennis (2 tables), badminton (2 courts), carrom, and chess, while outdoor infrastructure features revamped basketball and volleyball courts, along with additional university-level sports amenities. These well-maintained spaces promote teamwork, discipline, and a healthy lifestyle, ensuring that students balance academics with physical activity and recreation.

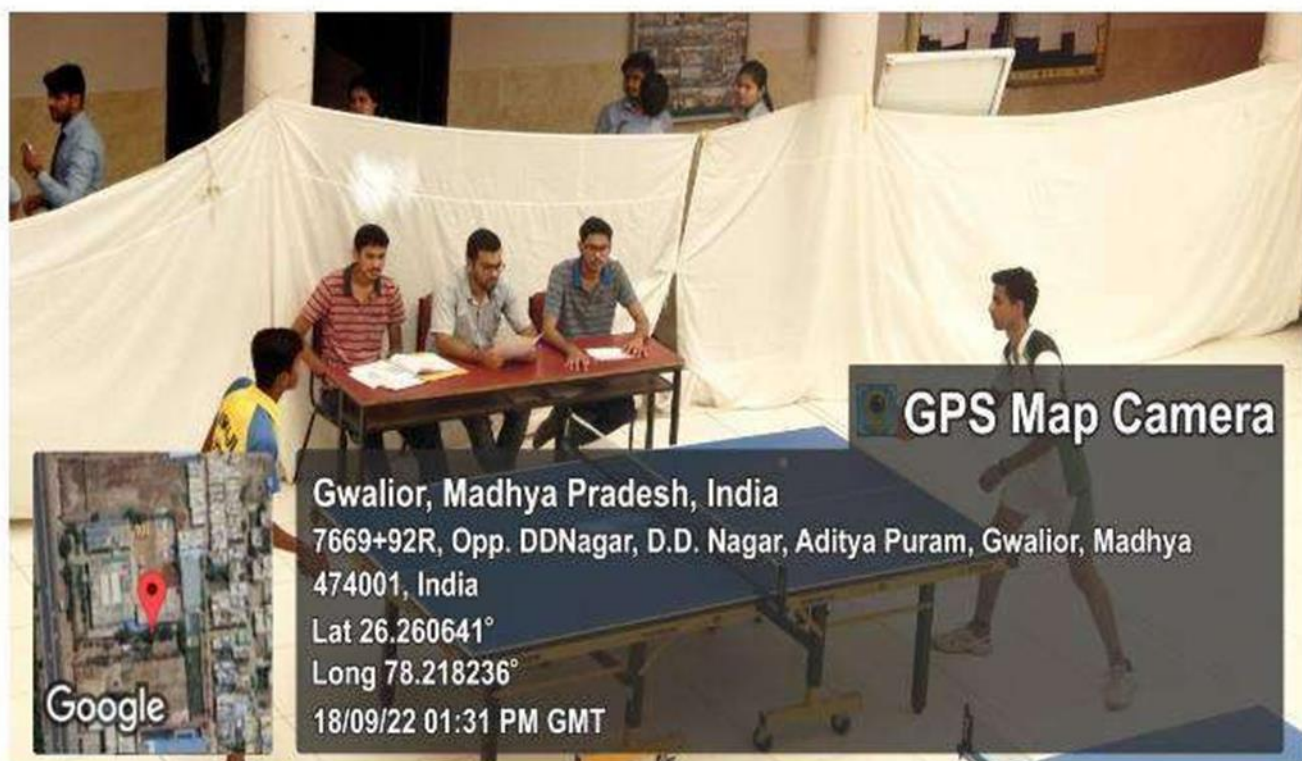
CARROM



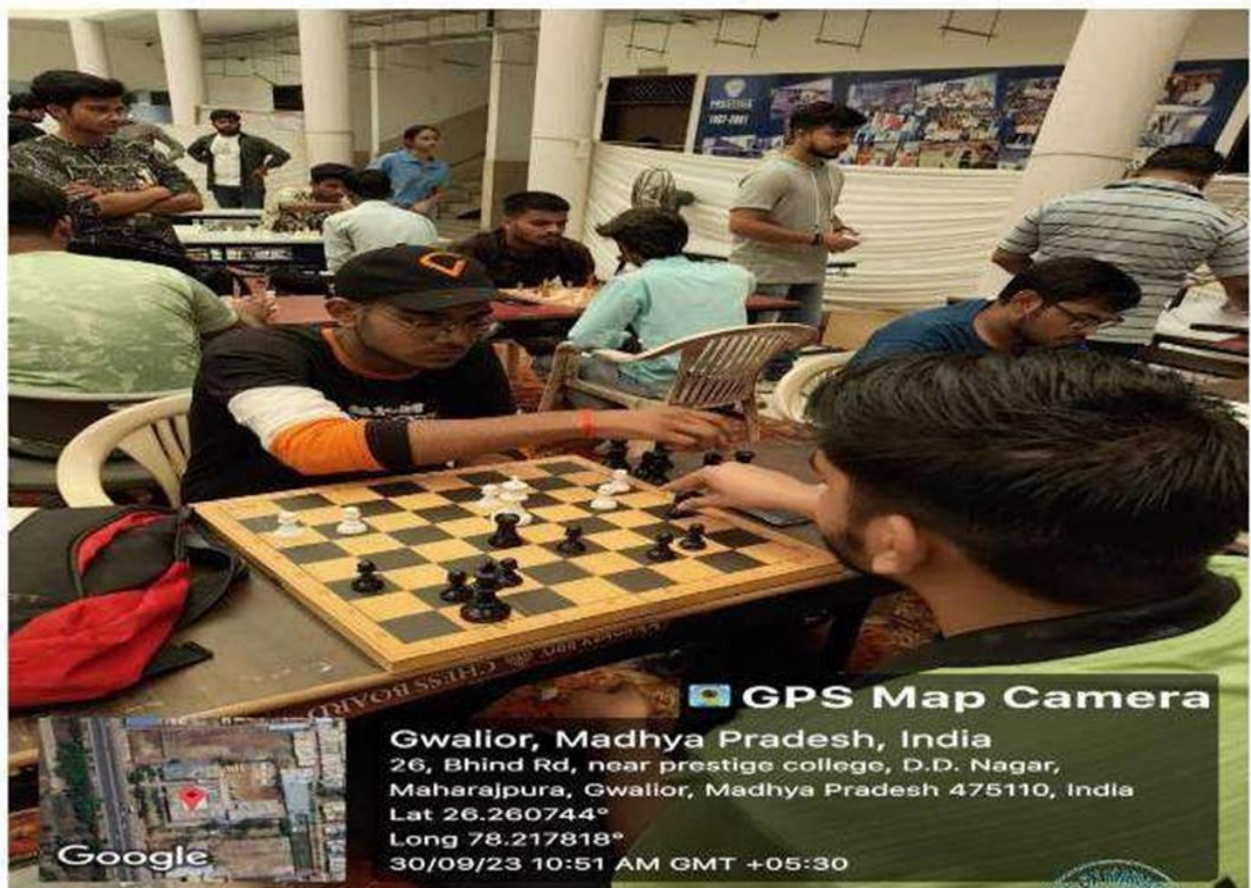
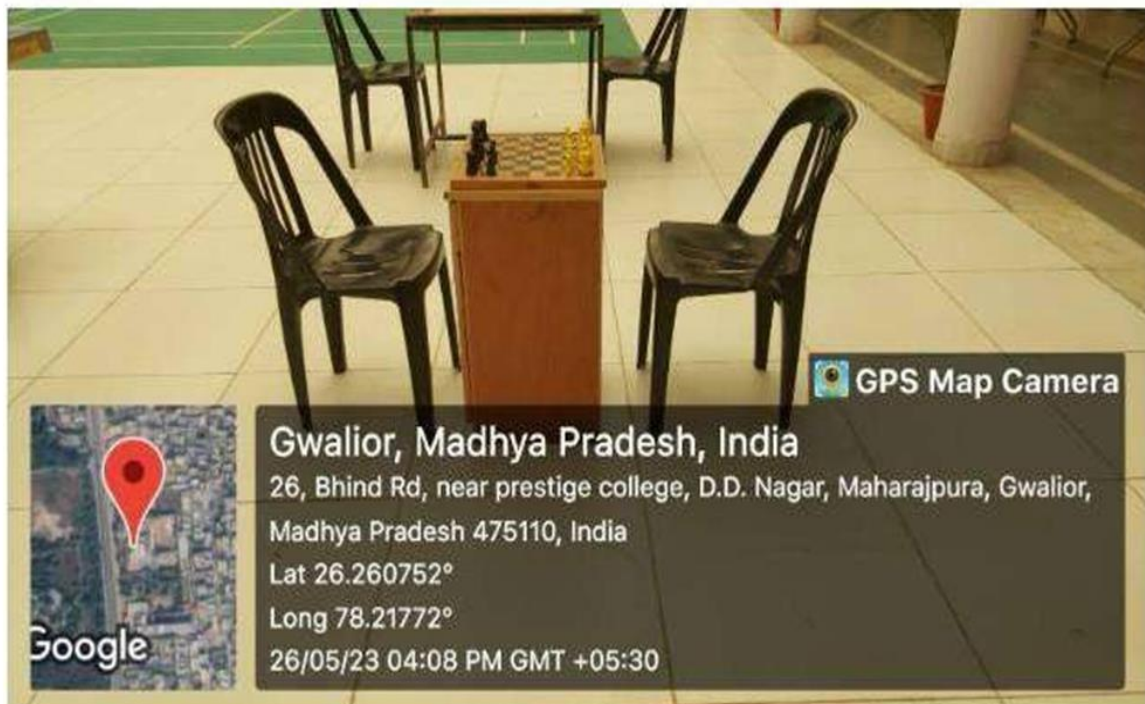
Badminton Court



Table Tennis



Chess



Basket Ball Court



YOGA CENTER/ MEDITATION ROOM

